

# BRODA<sup>®</sup>

## SEATING

## ESSENTIALS FOR SEATING AND POSITIONING

WHERE COMFORT IS ESSENTIAL

### STEP BY STEP INSTRUCTIONS

#### **Seat Tilt** - Keeps Individual's Hips At A Fixed Angle

##### USE SEAT TILT TO:

- Help prevent slumping and sliding without the use of restraints. Seat tilt cradles individual comfortably.
- Redistribute pressure (in conjunction with Broda's Comfort Tension Seating™.)
- Lower individual's center of gravity (with Broda's unique front pivot seat tilt) for safety and stability, as well as allowing for social interaction.
- Accommodate a No-Fall program.
- Assist with poor head and neck control and postural support.
- Create long term comfort.
- Adjust seat angle to match angle of lift and transfer equipment.

**TIP** Use infinite adjustability for frequent repositioning as well as for use of only the necessary amount of tilt required, to help reduce restraints and aid in comfort. \*Tilt first slightly before reclining.



1. Squeeze tilt handle on back of chair (tan label) with left hand while pushing down on push bar with right hand.
2. Release handle when tilt is in desired position.

#### **Back Recline** - Opens Angle Of Individual's Hips

CERTAIN MODELS ONLY

##### USE BACK RECLINE TO:

- Allow improved chest expansion for better breathing and to accommodate hip flexion limitations.
- Assist with poor head and neck control and postural support.
- Help accommodate individuals who push into extension, without the use of restraints.
- Redistribute pressure (in conjunction with Broda's Comfort Tension Seating™.)
- Enable individual to rest in the chair.
- Create long term comfort.

**TIP** Use back recline function in conjunction with seat tilt as needed for optimal repositioning options for pressure reduction, comfort and safety.



1. Tilt first before reclining to help reduce sliding.
2. Squeeze recline handle on back of chair (blue label) with right hand while pushing down on push bar with left hand.
3. Release handle when recline is in desired position.

#### **Height Adjustable Arms**

CERTAIN MODELS ONLY

##### USE ARM HEIGHT ADJUSTMENT TO:

- Prevent drop shoulder or shoulder compression.
- Improve postural stability.
- Increase comfort.

**TIP** To determine proper armrest height, check individual's shoulders, elbows and overall posture.



1. Lift flap on outside of armrests to reveal arm height adjustment pins.
2. Squeeze pins together while raising or lowering armrest height. Do not place fingers underneath armrest while adjusting as this can cause pinching.
3. Release pins once desired armrest height is achieved. Ensure armrest clicks into place.

## Length Adjustable Elevating Legrest / Footrest

### USE LENGTH ADJUSTABLE LEGREST / FOOTREST TO:

- Help redistribute pressure. The legs and feet are supported across a wide surface with Broda's Comfort Tension Seating™ for ideal dispersion of weight and pressure.
- Improve overall posture and comfort.
- Prevent drop foot.
- Help prevent slumping, sliding and falls.

**TIP** Use infinite adjustability of legrest for frequent repositioning of the legs. Legrest elevates independently as well as with changes to back recline.



1. Hold legrest with left hand while squeezing adjustment handle with right hand.

2. Release handle when legrest is in desired position.

## Removable Flip Down Footrest

### USE REMOVABLE FLIP DOWN FOOTREST TO:

- Assist with front standing transfers by flipping up footplate(s).
- Accommodate ankle contractures (with split flip down footrest). Footrest bolts can be tightened at desired footplate angles. Footrest angles can be adjusted to less than or greater than 90 degrees.

**TIP** Footrest attaches and removes similar to a toilet roll holder. Also, when removing footrest, lift up footrest slightly to break contact with the legrest for easier removal.



1. To attach, insert right end of upper cross piece of footrest into desired hole in legrest. (between straps)

2. Line up left end of cross piece with holes in left side of legrest. Insert into holes and release spring tension. Ensure legrest length is adjusted so that the individual's legs and feet properly contact the footplates.

3. To remove, reverse process by pulling footrest towards the right and releasing from legrest.

## Swing Away Removable Arms

CERTAIN MODELS ONLY

### USE SWING AWAY ARMS TO:

- Perform safe transfers. (in conjunction with removable wings)
- Check individual's incontinence product.
- Assist with rehab functions for optimal access to individual.
- Help clean individual. (and chair)

Button may be on front of seat on some models.

**TIP** On chairs with large mag wheels, the armrest cannot swing away, however can easily be fully removed for side access.



1. Push down on front of armrest with one hand while pushing in button with other hand. (For seat mounted arms, only push in button on seat.)

2. Let armrest "pop up" or release.

3. Swing away or completely remove side panel. To reinsert, reverse process inserting back of panel first. Push on arm until button pops into hole with a clicking sound.

## Removable Wings

### USE REMOVABLE WINGS TO:

- Assist with proper upper lateral support by promoting a more midline position.
- Help increase comfort and safety.
- Allow for safe transfers when removed. (in conjunction with removable arms)

**TIP** The curved shape shoulder bolster on the wings can slide up or down to accommodate various heights. If needed, the bolster can be inverted to provide support to those with a narrower frame. To help secure the shoulder bolster in place, wrap the top strap around the wing frame, and feed bottom strap between the outside strap of the wing and the frame of the wing.



1. To Remove Wing: Use thumb to depress button beside wing while pulling top of wing from receptacle.

2. Depress bottom button on wing frame and remove from receptacle. To reinsert, reverse process inserting bottom of wing first.